How to stay informed and connected in 2017

1. Contact your Information Technology staff, or the person who maintains your information technology and email systems.
2. Ask them to update the system and mail server to “white list” domains and messages.
3. Provide the details below to your Information Technology staff.

Rally

Rally, available April 1, 2017, is a digital health platform brought to you by the South Carolina Public Employee Benefit Authority (PEBA) in partnership with BlueCross BlueShield of South Carolina (BlueCross). It offers your employees a personalized experience to help them move more, eat better and feel great. Members can link certain wearable devices to their Rally accounts to make it easy to track their movement, check their progress, share information and compete against others in challenges.

Which web browsers are supported by Rally?

Rally currently supports the following browsers: Internet Explorer 8, 9, 10 and 11. Rally’s key features will work in IE8 and IE9, although the best user experience will be achieved by using IE10 or IE11. Google Chrome (latest and Android), Mozilla Firefox (latest), Apple Safari (desktop and mobile) are also supported browsers. Please note, if your employees are accessing the Rally experience from your worksite, they may experience usability issues. This is a result of the firewall or browser settings your employer has set-up on the workstation desktops or laptops.

What domains do I need to white list to ensure my employees receive email communications from Rally?

- notifications@e.werally.com
- notifications@werally.com

Also, make sure to include the direct URL to access Rally, Go.We.Rally.com. For technical questions about Rally, please contact Rally’s dedicated BlueCross customer service help desk at 877.726.1032. Rally’s customer service is available Monday through Friday, 9 a.m. – 9 p.m., EST.

Blue CareOnDemand

Telehealth is the delivery of health-related services and information via telecommunications and video technologies. Blue CareOnDemand, available January 1, 2017, allows State Health Plan members to be seen for urgent care issues 24/7/365 when their primary care physician may not be available. This provides an alternative to visiting an emergency room for concerns after hours, but is not a replacement for a member’s primary care physician.

Please white list www.BlueCareOnDemandSC.com.
My Health Toolkit

My Health Toolkit is an online resource available through BlueCross BlueShield of South Carolina. State Health Plan members can create a profile and access the tools and information they need to make informed decisions about their health and the impact on their finances. Members can:

- Manage your benefits
- Access Rally
- Research and compare health care options
- Manage health care financial accounts

Please white list StateSC.SouthCarolinaBlues.com.

Express Scripts

Members can access helpful information about their State Health Plan prescription drug benefits online at www.Express-Scripts.com. The website offers a variety of information and tools:

- Refill and renew prescriptions;
- See order status, claims and payment history;
- Find in-network pharmacies;
- Find and compare prices with Price a Medication;
- Check for drug interactions and alerts;
- View up-to-date coverage information;
- Contact a pharmacist 24/7; and
- Get instant access to digital member identification card.