

## Columbia regional screening registration

The South Carolina Public Employee Benefit Authority is sponsoring a regional preventive worksite screening **April 3- 4, 2019, on the 15th floor of the Capitol Center Building, 1201 Main Street.**

This screening, a \$300 value in many healthcare settings, is offered at **no cost** to employees, retirees, COBRA subscribers and covered spouses whose primary insurance coverage is the State Health Plan (Standard or Savings Plan). Within three weeks after your screening you will receive your results, highlighting any values outside the normal range. You can send your results to your physician or take a copy with you on your next doctor's office visit. This may save you money and keep you from duplicating tests.

### Screening components include:

- Lipid profile: total cholesterol, LDL, HDL and triglycerides
- Chemistry profile: Blood Urea Nitrogen (BUN) and creatinine, glucose, electrolytes, chloride and bicarbonate
- Hemogram: Red and white blood cell count, hemoglobin and hematocrit
- Blood pressure, height and weight

### Registration

You can register for this screening by emailing the following information to [ericwpatch@gmail.com](mailto:ericwpatch@gmail.com) with Columbia regional screening as the subject line.

Name: \_\_\_\_\_

Work phone: \_\_\_\_\_ Home phone: \_\_\_\_\_

Email: \_\_\_\_\_

Requested Day:

April 3       April 4

Requested appointment time frame:

7:30 a.m. - 9:00 a.m.     9:00 a.m.-10:30 a.m.     10:30 a.m. - 12:00 p.m.

The registration deadline is April 1, 2019. You will be notified of your appointment time by email. If you have any questions, contact Carolina Occupational Health Screening Group at [ericwpatch@gmail.com](mailto:ericwpatch@gmail.com) or 864.915.2015.

## Terms and conditions

- The health screening requires a 12-hour fasting prior to your appointment time. You may drink water during this 12-hour period. If you take medications, please continue to do so.
- Please arrive as close to your designated appointment time as possible.
- Please bring your insurance card with you the day of the screening. Your BIN number, which is on your insurance card, will be required when filling out paperwork.
- The Plan allows for one preventive worksite screening per calendar year (January-December).
- Dependent children are not eligible.
- If Medicare or Tri-care is your primary insurance you are not eligible to receive a screening at no cost.
- You will have the option of transferring your screening results to BlueCross BlueShield of South Carolina to help you better manage your health.
- Appointment times are assigned on a first come, first served basis.

## Optional tests

Below is a list of the most popular optional tests and their prices. **To add any of these tests to your screening, please bring a check made out to COHSG with you to the screening.**

Thyroid \$10

Hemoglobin A1c \$30

CA-125 \$30

Blood Type \$17

Vitamin D, 25-Hydroxy \$56

C-Reactive Protein (CRP) \$17

Prostate-Specific Antigen (PSA) \$22

Homocysteine \$42