



PEBA Academy

Health and wellness

Insurance Benefits Training
2026


PEBA
On Benefits Administration
and State Health Plan

Serving those who serve South Carolina

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Important information

- This overview is not meant to serve as a comprehensive description of the insurance benefits offered by PEBA.
- More information can be found in the following:
 - [Benefits Administrator Manual](#); and
 - [Insurance Benefits Guide](#).
- The plan of benefits documents, certificates of coverage and benefits contracts contain complete descriptions of the insurance benefits offered by or through PEBA. Their terms and conditions govern all these benefits.

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Health and wellness

- Additional benefits for State Health Plan primary members.
 - PEBA Perks.
 - Well visits.
 - Telehealth.
 - Health coaching.
 - Hello Heart.
 - Personify Health.
 - Vira.
 - Wondr Health.
- Learn more at peba.sc.gov/health-and-wellness.
- View *Health and Well-being: Your Benefits Resources* at peba.sc.gov/publications under Presentations.
- Promote health and wellness with ready-to-share toolkits available on the [PEBA Health Hub](#).

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Online tools and resources

- MyBenefits.
- My Health Toolkit.
- Caremark online and mobile app.
- Membership ID cards.
- Member messaging.
- Treatment Cost Estimator.
- Member discounts.
- Find ready-to-share toolkits on the [PEBA Health Hub](#).

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Disclaimer

This presentation does not constitute a comprehensive or binding representation of the employee benefit programs PEBA administers. The terms and conditions of the employee benefit programs PEBA administers are set out in the applicable statutes and plan documents and are subject to change. Benefits administrators and others chosen by your employer to assist you with your participation in these employee benefit programs are not agents or employees of PEBA and are not authorized to bind PEBA or make representations on behalf of PEBA. Please contact PEBA for the most current information. The language used in this presentation does not create any contractual rights or entitlements for any person.

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